

THE REMEDIE ROOMS

HEALTH & BEAUTY DAY-SPA FOR MEN & WOMEN

WINNER OF STREATHAM BEST BUSINESS AWARD 2013

WINNER OF LAMBETH WEEKENDER'S BEST BUSINESS AWARD 2013

FIRST RUNNER-UP OF STREATHAM BEST BUSINESS AWARD 2014



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Welcome to “The Remédie Rooms Health & Beauty Day-Spa”.

Rich with a wealth of experience in **French luxury beauty treatments**, The Remédie Rooms is owned by French beautician & previously International Spa consultant.

This **2 floors, 5 treatment rooms** Day-Spa with **highly qualified and friendly International team of 6 Therapists** offers a huge range of treatments for both men and women.

Treatments are carried out with products from **the Elite French Brands of Phytomer, Vie Collection and Fleur’s Aromachologie.**

The GlamFairies offer you an array of remedial signature treatments created by its owner: “Mariama” in collaboration with a renowned French Marine Laboratory that spans from manicures, pedicures, eye treatments, detox/anti cellulite services to face and self-heated mud massages and as close to nature as possible.

PHYTOMER



Our aim is to provide a thorough and professional service, carrying out treatments with a Holistic approach together with aftercare advice. You will enjoy being pampered by our Professional Friendly Therapists and GlamFairies.

PROFESSIONAL ADVICE FOR REMARKABLE RESULTS!

We guarantee that your time spent with us will be a wonderful experience.

EXPERIENCE THE DIFFERENCE!

Contents

	Page:
The Remédie Rooms' Signature Treatments <i>These unique treatments created by Mariama in collaboration with a Marine Laboratory in Brittany, France provide long lasting results.</i>	6
Vie Collection Cosmeceutical Ultra-Concentrated Acid Peel Facial Treatment <i>Cutting-edge treatments & products entirely orientated towards anti-ageing with premium results!</i> <i>(Vie Collection - An exclusive brand by The House of Phytomer France)</i>	7
Phytomer Facial Treatments <i>The highly sensorial and relaxing context of PHYTOMER treatments increases the scientifically-proven skincare benefits. Unprecedented French Marine cosmetic!</i>	8
Fleur's Facial and Body Treatments <i>Fleur's is a unique floral brand paying tribute to nature's treasures!</i> <i>We invite you to discover the cosmetic benefits of Aromachology.</i> <i>(Fleur's - An exclusive brand by The House of Phytomer France)</i>	9
Body Wrap Treatments Skin Cleansing Body Treatments BeauBronz Natural Tanning Body Treatments	10
Therapeutic Massage Treatments	11
Reflexology and Craniosacral Therapy Treatment by Fiona Ludlow (RCST)	13
Sports and Deep Tissue Massage Treatments by Elvis Achu	14
Phytomer Sea Holistic Radiance Body & Face Treatment Fleur's Aroma Minéral Golden Spa Body Treatment <i>OUR BEST 2 SELLING TREATMENTS SINCE 2005!</i>	15
Treatment Packages for Men & Women	16
Warm & Hot Wax Hair Removal for Men and Women	17
Eye Treatments: Lash Extensions & Tinting	18
Hands & Feet Beauty Treatments	19
Client's important information	20



THE REMEDIE ROOMS' SIGNATURE TREATMENTS

OUR TREATMENTS ARE ESPECIALLY DESIGNED TO LEAVE YOU DETOXIFIED, REFRESHED,
ENERGISED AND TO RELIEVED ACHES & PAINS.



Remedie Mud Detox Pedicure -1h30: A luxurious feet treatment with the added benefit of a self-heating detoxifying seaweed mask wrap . <i>(We recommend this treatment once a month for optimum results.)</i>	£37.00
Remedie Perfect Manicure: A luxurious hand treatment with the added benefit of an exfoliation and moisturising mask wrap . Optimum treatment and results for tired, dry and damaged hands and nails. <i>(We recommend this treatment once a month for optimum results – Ideal for those who lift weights in the gym.)</i>	£27.50
Back to life Remedie – 00h45: A fantastic and relaxing time for the hard to reach area. Deep cleanse and back exfoliating treatment followed by the application of hot sea salt & Lavender boluses and a back massage for a total relaxing & feel fresh effect. <i>(We recommend this treatment once a month for optimum results.)</i>	£52.00
Mud Remedie - 00h45: Self-heated mud application as necessary to back, knees, elbows and/or feet areas, followed by a relaxing massage with the use of our muscle relaxing lavender serum or cooling gel . This treatment will benefit Clients with back & joints complaints such as Rheumatism Arthritis and those suffering from back pain and sport injuries . <i>(An intensive course of 6 treatments over 2 weeks is advised for best results.)</i>	£38.00
Therapeutic Remedie Face Massage – 00h30: For those whom are pushed for time. A luxurious and relaxing treatment designed to restore your skin's radiance and vitality. <i>(Ideal as a gift).</i>	£28.00
Perfect Remedie Sleek Eye Package: Full Set Eyelash Extension, Eye Brow wax & Tint – 02:15: Half Set Eyelash Extension, Eye Brow wax & Tint – 01:45: <i>(Please note that tinting treatments require a test patch at least 48/24 hours prior to first application)</i>	£90.00 £57.00



VIE COLLECTION – THE COSMECEUTICAL EXPERT. “A WORLD OF LUXURY AND PERFORMANCE”

Vie Collection is an “Avant-Garde” Dermo-Cosmetic Brand, inspired by aesthetic medicine. Vie collection develops original youth solutions and unprecedented beauty treatment procedures.

Vie Collection’s products stand out with high-tech formulas and advanced ingredients which deliver to the skin maximum youth effectiveness.

Vie Collection star ingredients and major scientific discoveries are patented and integrated in products that are increasingly innovative and effective.

“UNMATCHED STANDARDS OF PRECISION & EFFECTIVENESS IN A PRESTIGE RANGE FOR ALL WHO DEMAND EXCELLENCE”

ULTRA-CONCENTRATED ACID PEEL FACIAL TREATMENT First Treatment: 01:00 / Follow-up Treatments: 00:45



Medically inspired exfoliation to renew the skin. While ensuring optimal tolerance, it provides complete skin resurfacing to correct skin imperfections and signs of ageing.

The objective: Perfect skin and “instant rejuvenation”. From the 1st treatment the complexion is more radiant, dark spots fade and wrinkles diminish.

**Course of 3 treatments which includes your
“Accelerated Recovery Treatment daily Cream”.
(Over 3 to 4 weeks)
£185.00**

We recommend a single treatment from time-to-time after summer holidays or to prepare for a special occasion.

1 treatment: £67.00

(Does not include your “Accelerated Recovery Treatment Cream” which can be purchased separately).

(Fleur’s by the House of Phytomer)



PHYTOMER FACIAL TREATMENTS

“THE WORLD LEADER IN MARINE COSMETIC”

Our unique facial treatments begin with a relaxing back massage targeting reflex zones with the unique application of Detoxifying Self-Heating mud to the spinal column.



Beauty From our Planet Life Source: The Sea.....High performance Products you can trust...

		Course of 5
Phytomer Extended Youth Facial - 1h15:		£66.00 £2** .00
Wrinkles correction Firming treatment: 3 key steps in a very high-performance treatment to resurface the skin, fill wrinkles and restructure the face. After 1 treatment, wrinkles are visibly reduced and the skin is firmer. At the high-end of scientific expertise and excellence this Extended Youth offers unique results paired with a precious moment of total well-being.		
Phytomer Marine Breeze Facial - 1h15:		£65.00 £258.00
Brightening, oxygenating & detoxifying treatment: This Pollution shield beauty treatment is a real breath of oxygen and brings all the benefits of a seaside stroll into a treatment room. Provide two deep-cleansing masks. Shine and blemishes are reduced. Luminosity is restored to the complexion and the skin is cleansed and purified.		
Phytomer Hydra-Blue Plumping Moisturising Facial - 1h00:		£64.00 £258.00
Treat dehydration, dryness, gives radiance, moisture and nourishment: This treatment perfectly balances effective moisturising and intense relaxation. It combines signature products with ultra-sensory textures and a very relaxing facial massage to moisturise and comfort the skin, which instantly reveals its natural freshness.		
Phytomer Comforting Soothing Facial - 1h00:		£64.00 £258.00
Calms, soothes, reduces redness and irritation: A halo of softness for skin that is sensitive or subject to redness. This cocoon treatment softens the skin and improves its defence for a soothed and ideally hydrated epidermis, producing a radiant complexion.		
Phytomer Prescription Facial – 00h55:		£58.00
Choose from any of the above facial treatments. <i>(Please note that this treatment does not include a back massage & the application of self-heated mud).</i>		
Phytomer Marine Eye Life – 00h45:		£38.00
Relaxing treatment designed to soothe, decongest and invigorate the eye area. <i>(This treatment will be charged £29.50 when combined with any of the above Facial Treatments).</i>		



FLEUR'S FACIAL & BODY TREATMENTS

“THE CREATORS OF AROMACHOLOGY”

Allow yourself to be pampered by the expert hands of our “Aromachologist” who will lavish upon you exceptional treatments with Fleur’s natural and luxurious products.
These Floral essential oils will awaken all your senses.



Flowers: A source of performance

Aromavedic Holistic Golden Facial and Body – 1h30:

£90.00

The fragrant Aromavedic oils will target stress & fatigue.

This treatment will restore good mood and self-confidence. It will provide you with a sensation of well-being and serenity thus relieve areas of tension. Your body skin will be left hydrated, nourished and with a wonderful scent whilst your facial skin will be radiant.

Golden Floral Renewal Facial – 1h15:

A unique all-in-one treatment for all skin types and ages.

£65.50

It will restore radiance and vitality, protect the skin from environmental stress, whilst still offering deep and long lasting hydration aided by our **Ultrasonic Deep Facial treatment Machine**.

Crushed Golden Veil Body Massage – 1h15:

£62.50

The experience for a body exfoliating and relaxing treatment.

This relaxing massage starts with our warm “Fleur’s Gold Peptide Body Scrub” exfoliation and finishes with the application of our “Fleur’s Gold Peptides Body Moisturiser”. Your skin will be left clean, supple, hydrated, radiant and perfectly smooth.

Golden Flash Facial – 00h30:

£38.00

An ideal treatment for those on a tight schedule providing all the benefits from the Phytomer expertise.

Fleur’s Golden Spa Body Wrap – 1h00:

£60.00

The golden cocooning experience.

A magical golden experience taking you on a journey to a state of inner well-being and beauty. The luxurious cocoon wrap combines floral extracts, minerals and gold particles to treat dehydration and to bring luminosity. This treatment combines a full body exfoliation, a gold body wrap and the smooth application of a luxurious moisturising body oils and Golden Powder. It leaves the skin perfectly moisturised and luminously smooth.

(FLEUR’S BY THE HOUSE OF PHYTOMER)



BODY WRAP TREATMENTS

SUDATONIC SLIMMING & ANTI-CELLULITE “THE LEADING FRENCH METHOD”



*A heat treatment combined with the renowned Slimming French Massage Technique:
“Palper-Rouler”. All with amazing results!*

Course of 12

Sudatonic Slimming & Anti-Cellulite Treatment - 1h00:

£47.00

£450.00

A heat treatment which combines powerful essential oils to target water retention, toxins, and fat cells. Combined with the renowned slimming French massage technique: “Palper-Rouler” which enables to break down cellulite and localised fat. All with amazing results!

*(This treatment is offered as course only. Our Free body Consultation will determine how many treatments are needed.
Please note pricing for 1-off treatment above is for maintenance programme post-course only)*

MÉLODIE OCÉAN

MICRONISED MARINE ALGUE DETOX BODY WRAP - 1h00:

£48.00

*Step into a cocoon of well-being and experience a world of marine
Beauty which will soothe away tensions & restore your energy balance.*

Immerse your body in the richness of marine algae & let it infuse its wealth of minerals, vitamins & micro-nutrients to your skin for **intensive re-mineralisation & detoxification**. It combines a full body exfoliation and a warm body wrap. This treatment **activates circulation, relieves aches & pain and provides deep relaxation**

(£40 only prior to a course of Sudatonic Body Treatments – details above)

INTENSIVE MOISTURISING BODY WRAP 00:45

£45.00

A treatment to re-hydrate dull, dry and tired skin. It combines a full body exfoliation, a warm body wrap & the application of an intense moisturiser. It will leave your skin well moisturised, soft and rejuvenated.



SKIN CLEANSING BODY TREATMENTS



Ocean Glow Body Polish – 00h45:

£44.00

A full body exfoliation treatment, which includes the application of an intense moisturiser. Ideal as a stand-alone treatment or prior to any course of treatment. Recommended prior to any course of treatments for maximum results.

Ocean Oxygen Back Facial - 00h30:

£44.50

Ideal for dull, sluggish and congested skins of all ages. Includes a back exfoliation and the application of self-heated mud to open blocked pores and totally decongest the area.

Ocean Glow Back Polish - 00h30:

£42.00

A back exfoliation treatment which includes a relaxing massage. It will leave your skin silky-smooth.

BEAUBRONZ NATURAL TANNING BODY TREATMENTS

A luxurious, odourless and paraben free tanning treatment containing organic and natural ingredients.

“This tan will leave you with a natural sun kissed look!”



Ocean Glow Body and Face Spray Tan – 00h45:

£52.00

A top-to-toe exfoliation treatment (Body and Face) followed by a full body spray tan, by Beaubronz.

(Ideal treatment to professionally prepare your skin for a long lasting perfect natural tan.)

Beaubronz Full Body Spray Tan – 00h30:

£24.00

Luxurious, paraben free tanning treatment.

*Beaubronz is the official spraytan for
“Dancing On Ice”, “Miss GB Contest” & Peter André: “Bad Boyfriend Club”.*



THERAPEUTIC MESSAGES TREATMENTS



A SELECTION OF TREATMENTS TO RELAX, REDUCE TENSION, RELIEVE THE NEGATIVE EFFECT OF EVERYDAY STRESS AND TO LEAVE YOU WITH A FEELING OF WELL-BEING.

Aroma Therapy Full Body Massage – 01h00: We use pure essential oils of the finest quality. They will nourish and stimulate the skin, enhance the immune system & delight the senses.	£59.50		
		Course of 6	Course of 12
Therapeutic Swedish Massage: A stimulating and invigorating treatment. A must for hard worked bodies to relieve muscle fatigue.			
Half-body – 00h30:	£35.50	£160.00	£320.00
Full-body – 01h00:	£49.00	£232.50	£465.00
Therapeutic Remédie Face Massage – 00h30: A luxurious and relaxing treatment designed to restore your skin's radiance and vitality.	£28.00		
Hot Candle Massage for Back – 00h30: A new concept in massage designed to provide the ultimate ambiance by providing a subtle form of lighting whilst at the same time delivering a sensuous aroma of pure essential oils & a unique massage medium.	£40.00		
Invigorating Scalp Massage – 00h20: Using acupressure techniques this treatment will increase blood and oxygen supply to the scalp whilst reducing stress and mental fatigue.	£24.00		
Mother-to-be-Body Massage – 00h30: A stimulating and invigorating treatment for hands, feet and legs with the use of our Soothing Leg Gel.	£36.50		
Foot Massage – 00h20:	£8.50		



REFLEXOLOGY TREATMENT PROVIDED BY FIONA LUDLOW (MIFR)

Member of the IFR (International Federation of Reflexologists).

Try this deeply restoring treatment to boost your immune system, detoxify, and bathe in relaxation.

Course of 6

Manual pressure to points on the feet (or 'reflexes'), aims to cleanse and balance corresponding parts of the body. Popular for physical and stress-related conditions, this soothing treatment boosts wellbeing and doesn't even tickle.

Maternity and fertility reflexology can support mums-and-babies-to-be throughout, before, and after pregnancy.

For a warming boost, why not add hot stones to the end of your treatment to massage your feet and legs, and rework key reflexes that reflect your health.

First appointment, includes consultation:	01h30:	£60.00	
Follow-up appointment:	01h00:	£50.00	£250.00
Follow-up appointment with hot stones:	01h15:	£60.00	£300.00

A course of treatments is recommended, allowing time in-between for integration.

HOT STONE REFLEXOLOGY PROVIDED BY FIONA LUDLOW

Maximise the benefits of reflexology and thermotherapy from start to finish – whether it's chilly or not.

Warming volcanic, basalt stones are used to work and penetrate deep into the reflexes and muscles of your feet and legs, relaxing your body and mind.

First appointment, includes consultation:	01h45:	£65.00	
Follow-up appointment:	01h15:	£60.00	£300.00

CRANIOSACRAL THERAPY TREATMENTS PROVIDED BY FIONA LUDLOW (RCST)

Member of the CSTA (Craniosacral Therapy Association).

Try this deep but gentle hands-on therapy to help release a lifetime of physical and emotional traumas.

Course of 6

With its roots in osteopathy, craniosacral therapy balances the nervous system and different structures of the body, recognising everything is interconnected.

Fully clothed, this therapy attends to body, mind and emotion, often leading to a deep peace as you settle into stillness. Popular for musculo-skeletal, nervous system and stress-related issues. Throughout and beyond pregnancy too.

First appointment, includes consultation:	01h30:	£65.00	
Follow-up appointment:	01h00:	£55.00	£275.00
Follow-up appointment:	01h30:	£75.00	£375.00

A course of treatments is recommended with time in-between

Please visit: <http://www.craniosacral.co.uk/this-is-craniosacral-therapy> for further information on Craniosacral Therapy. Thank you.



SPORTS AND DEEP TISSUE MASSAGE TREATMENTS PROVIDED BY ELVIS ACHU.

Minor injuries caused by every day activities are the most common musculo-skeletal problems. However, these are often not adequately dealt with in spite of the fact that they may be exceedingly painful and seriously affect a person's occupation, sport or quality of life.

If left untreated, minor injuries may develop into a chronic and more serious condition, having a knock-on effect on other muscles and eventually the joints.

Sports Massage is a deep tissue massage that is used therapeutically to **break up scar tissue and lesions and to release tight aching muscles**. It may be used for injury prevention, not just in a sports context but also in terms of posture and other forms of stress such as repetitive strain.

00h30:	£37.00	£175.00	£350.00
01h00:	£57.00	£275.00	£550.00
01h30:	£77.00		

Deep Tissue Massage is used to **treat chronic muscle tension** through slow strokes and direct deep pressure or friction applied across the grain of the muscles not with the grain.

This massage may help to **break-up and eliminate scare tissue**.

It is an excellent massage to help to **get rid of deep rooted knots especially in the neck, shoulders and legs**. It may cause some soreness during or right after the treatment, but you will, however, feel better than ever within a day or two.

00h30:	£37.00	£175.00	£350.00
01h00:	£57.00	£275.00	£550.00
01h30:	£77.00		



SEA HOLISTIC RADIANCE BODY & FACE TREATMENT

Inspired from the beneficial properties of the marine world together with Holistic Thai massage techniques and Phytomer's unique Sea Salt and lavender bolus.

This treatment is designed for the Face & Body and brings about a unique moment of relaxation and tranquillity, whilst leaving the skin exquisitely silky and smooth.

It combines a full body exfoliation, a prestige facial and the application of hot bolus followed by a pressure point massage.

(We recommend this treatment once a month for optimum results.)



01h30

£92.00 per full body treatment
(IDEAL AS A GIFT)



01h00

£60.00 per treatment
(IDEAL AS A GIFT)

FLEUR'S GOLDEN SPA BODY WRAP

A magical golden experience taking you on a journey to a state of inner well-being and beauty.

The luxurious cocoon wrap combines floral extracts, minerals and gold particles to treat dehydration and to bring luminosity.

This treatment combines a full body exfoliation, a gold body wrap and the smooth application of a luxurious moisturising body oils and Golden Powder.

It leaves the skin perfectly moisturised and luminously smooth.



PAMPER PACKAGES FOR MEN & WOMEN

Why not combine your favourite treatments. Indulge and reward yourself with total body well-being and optimum health benefits.

Pre-Holiday package 1: <i>Perfect for the beach and nights out in the Sun</i> Half-Leg wax, G-string or Brazilian wax, Eyelash and Eyebrow Tint.	1h15	£53.50
Pre-Holiday package 2: <i>Perfect for the beach and nights out in the Sun</i> Full-Leg wax, G-string wax and pedicure.	2h00	£71.50
Pre-Holiday package 3: <i>Perfect for the beach and nights out in the Sun</i> Half-Leg wax, G-string wax or Brazilian, Eyebrow Tint and Half Set of Eyelash Extension.	2h45	£91.50
Luminous Package: Hot Candle Back Massage and Golden Flash Facial	1h00	£65.00
Perfect Body package: Restore and re-balance both mind and body with an invigorating top-to-toe body exfoliation and a Swedish massage.	1h45	£74.00
Mummy to be package: Fantastic treatment to help reduce the strains of pregnancy! Half body massage (choose your preferred area), followed by a Pedicure with the application of our soothing leg gel and a Manicure.	2h30	£75.00
Perfect Sea Essential package: Restore and re-balance both mind and body with a Mélodie Océan Detox Body Wrap, a Phytomer Facial Treatment. <i>(Oligomer delivers a mineral boost to the body to promote relaxation and wellbeing)</i>	2h30	£114.00
Men Pamper package: Designed to groom and relax from daily stress with a Back Treatment (exfoliation & massage) followed by a Phytomer Marine Breeze Facial.	2h00	£126.00
Pure Indulgence package: This treatment is ideal if you feel the need to get away from it all. Spend some pampering time with us and go home feeling revitalised! A Fleur's Golden Spa Body Treatment followed by a manicure & pedicure.	3h15	£112.00
Bridal Celebration package: Come to relax and enjoy yourself with a selection of treatments we have chosen to beautify and pamper you for your forthcoming special day! Half-leg & bikini (of your choice) wax, eyebrow shape, eyelash & eyebrow Tint followed by an Intensive Moisturising Body Treatment, a Phytomer Facial, a pedicure and a manicure. <i>(Can be done over two days & skin test patch required in advance).</i>	5h30	£215.00

WE WELCOME PARTY BOOKINGS FOR MEN AND WOMEN GROUPS.

PLEASE CONTACT US FOR FURTHER DETAILS – YOUR FANTABULOUS GLAMFAIRIES WILL BE HAPPY TO HELP.



HAIR REMOVAL FOR MEN AND WOMEN



	WARM WAX	HOT WAX
Eye Brow:	£9.50	£11.50
Lip or Chin:	£8.50	£9.50
Lip & Chin:	£12.00	£12.50
Eye Brow, Lip & Chin:	£19.00	£21.50
Bikini:		£14.00
G- String:		£21.00
Brazilian:		£30.00
Hollywood:		£40.00
Underarms:		£12.50
Bikini & Underarms:		£22.00
Half Leg (add £4.00 for Men):	£20.00	
Three Quarter Leg (add £4.00 for Men):	£26.50	
Full Leg (add £4.00 for Men):	£30.00	
Half Leg & Bikini	£25.00	
Three Quarter Leg & Bikini:	£29.00	
Full leg & Bikini:	£35.00	
Forearm:	£17.50	
Full arm:	£21.00	
Sides & Neck:	£12.50	£14.50
Stomach:	£16.00	
Buttocks:		£34.00
Full Men Chest or Full Men back (add £3.00 for extra-hairy):	£25.00	
Full Men Chest & Back:	£43.50	



EYE TREATMENTS

SLEEK SINGLE LASH EXTENSION

For the celebrity look!

Known for being the most precise, neat and long lasting lash extensions in the industry.



Perfect Remedie Sleek Eye Package:

Full Set Eyelash Extension, Eye Brow wax & Tint: £9.00

Half Set Eyelash Extension, Eye Brow wax & Tint: £57.00

Sleek Lashes – Full Set Eyelash Extension: £82.00

Sleek Lashes – Half Set Eyelash Extension: £48.00

*Please come free of eye make-up. You may bring some make-up with you and apply it after your treatment.
Please note that tinting treatments require a test patch at least 48/24 hours prior to first application.*

TINTING SERVICES



Eye lash & brow tint: £24.00

Eye lash tint: £14.00

Eye brow tint: £13.00

Please note that tinting treatments require a test patch at least 48/24 hours prior to first application.



ESSIE & OPI HANDS AND FEET BEAUTY TREATMENTS

Luxurious hand and feet treatments for all to enjoy. Includes cuticle soak & tidy and A massage before the nails are shaped and finished with nail polish.

Remedie Mud Detox Pedicure:	£37.00	
<i>See The Remedie Rooms' Signature Treatments for further details (page 6).</i>		
Remedie Perfect Manicure:	£27.50	
<i>See The Remedie Rooms' Signature Treatments for further details (page 6).</i>		
Manicure / With French polish:	£23.00	£24.50
Pedicure / With French polish:	£26.00	£28.00
File & re-varnish Hand / With French Polish:	£13.50	£15.50
File & re-varnish Feet / With French Polish:	£14.50	£16.50
Foot Massage:	£8.50	
Foot Massage with pedicure:	£33.00	
Hand Massage with Manicure:	£29.50	

(Book a Pedicure & Manicure together Monday to Wednesday between 12:00 & 15:00 & receive an immediate 10% discount on your Manicure)



CND SHELLAC POWER POLISH

Luxurious gel polish in an array of colours offering no chipping, smudging or shrinkage and quick drying time. Last up to 2 weeks. The Celebrities' Favourite!

Shellac Gel Manicure - Colour:	£20.00
Shellac Gel Manicure – French Manicure:	£22.00
Shellac Gel Pedicure - Colour:	£25.00
Shellac Gel Pedicure – French Manicure:	£28.00
Gel Soak-off:	£5.50
<i>Free when re-applying Gel Polish.</i>	

PROFESSIONAL BIO-DEFENSE GEL NAIL APPLICATION

Healthier alternative to acrylics, thanks to its mild chemical contents which will leave you with undamaged nails whilst providing long lasting results.

This new formula shields the natural nail and fortifies it, giving it the look of a healthy, strong natural nail.

A BioDefense application is a good alternative to extensions for natural nail clients.

Thanks to its bio-friendly formula this gel is difficult to distinguish from the look and feel of a natural manicure.

Gel Manicure Application/French:	£30.50 / £33.00
Gel Manicure Soak-off:	£7.50
<i>Free when re-applying Gel Nail</i>	



CLIENT'S IMPORTANT INFORMATION

General:

- **For you comfort, we suggest you arrive at least 10 minutes before your scheduled start of treatment.**
- **Do not have any heat treatments before or after waxing.** This includes sunbeds, sauna, steams, swimming & sunbathing.
- Do wear **dark loose clothing before & after tanning treatment and no jeans.**
- **Do wear underwear when having a body or massage treatment.**
- **A test to safeguard against allergic reactions is required 48 to 24 hours prior to any first Tint Treatment** with us. Our health and skin changes from time to time and we will repeat this test once a year for all Clients whom stop tint treatment for more than a year.
- Please **do have a quick shower especially after exercising before a body or massage treatments.**
- **Alcohol should not be consumed prior** to treatment and should be avoided after certain treatments or consumed in moderation. Your GlamFairies will inform you when it is the case.
- Every effort will be made to provide you with your preferred Therapist but cannot be guaranteed at all times.
- Do tell us immediately if your treatment did not reach your expectations.
- Certain treatments are not suitable for expecting Mothers but we will offer an alternative treatment.
- Do let us know or update us as necessary if you have any medical conditions and/or allergies or change your contact details.
- Our experienced Therapists will perform a full facial and/or body consultation prior to any facial or targeting body treatment in order to determine which treatment will be suitable for your skin or body type.
- Your GlamFairies are Child Friendly just let us know when booking that you are coming with the little Joy(s).
- We do offer monthly Special Promotions which you can find on our **website**, on our **Twitter (@RemediéRooms16)** and **Facebook (The Remedié Rooms)** pages and you will also receive our monthly e-mail update.

Booking, Cancellation & Pricing:

- All prices are subject to change without prior notice.
- **Do offer to pay for your manicure before the treatment & take car keys or bus/train pass out of your handbag ready for when you leave.**
- **A gratuity payment can be made directly to your Therapist or at the Reception Desk.** It is kindly appreciated.
- Please note that we **require 24 hours notice to cancel or re-schedule appointments otherwise a 50% charge will be made. Failure to arrive to an appointment will incur the full charge.**
- A 2% charge is payable on all payments made by credit and debit cards.
- Credit/Debit Cards payments over £10 only will be accepted – Cheques are not accepted.
- Courses of treatments are available for a maximum period of 12 month. Please enquire when making your booking.
- **Corporate rate discounts available for Company registered with us**, please ask for further details.
- We offer a **10% discount all treatments for full time Students & Pensioners, Monday to Thursday from 10:30 to 16:00.** Students must provide a valid NUS Card.
- **Local Gym Members receive a 15% discount** on treatments (not retail). Please check list of Gyms registered with us on our website. If you would like your Gym to join our scheme, please do let us know.

Mobile phones, Data security & Valuables:

- We respectfully request that all **mobile phones be switched off during your visit** to the Salon.
- **Personal details taken from Clients during consultation procedures will be kept secure and in the strictest confidence at all times.**
- Some of our treatments require the removal of jewellery, which will be stored safely in your treatment room. Please ensure that you retrieve all your valuables before leaving the premises, as we cannot be held responsible for lost items.

Gift Certificate & Loyalty Cards:

- We sell **Gift Certificates for treatments or money value** which can be purchased by visiting us, over the telephone or by e-mail.
- **We will provide you with our Loyalty Cards on your first visit to The Remedié Rooms.**

Your Favourite GlamFairies with to thank you for your loyal custom.



Opening Hours:

Monday: 12:00 – 19:00
Tuesday to Friday: 11:00 – 21:00
Saturday: 09:30 – 18:30
Sunday: 11:00 – 17:30

(Please note that our opening hours may vary from time to time.)

www.theremedierooms.com
enquiries@theremedierooms.com

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